

The Art and Power of Engagement

The Big List of Small Things!

Here's a big list of small things that have the potential for changing your own life or someone else's, especially when repeated regularly. Many of these can easily become parts of your "Drip Engagement" strategy – simple, daily practices that build trust, inspire hope and plant seeds of change. Perhaps the most significant part of all is the possibility that a few small things practiced regularly can literally spread like a virus and impact an entire culture! Knowing that, what would you add to your daily regimen?

- Open the door for someone.
- A simple act of kindness
- Make eye contact.
- A hearty smile
- A warm hug
- A loving kiss
- A friendly wink
- A firm handshake
- A gentle reminder
- A genuine compliment
- An inspiring quotation
- A though-provoking question of discovery
- Ask someone how their day is going.
- Listen well
- A timely, insightful answer
- A clean, respectful joke
- The sound of your name
- A word of encouragement
- A gesture of appreciation
- A standing ovation
- An invitation to a celebration
- An invitation to a planning meeting
- *"A Song Can Change Your Life"*
- Arrive 10 minutes early.
- A referral
- Patiently wait your turn.
- A greeting card
- A thank-you card
- A card for no particular reason
- An endorsement/recommendation
- A friendly wave
- Ask permission.
- Please, Thank-you, & You're Welcome
- A high five
- A knuckle bump
- A pat on the back
- An unexpected, unsolicited favor
- A positive mental attitude
- Pray for someone every morning.
- An attitude of gratitude
- A fresh idea
- A meaningful picture
- A treasured memory
- A warm fire
- A soft pillow
- A quiet dinner
- A favorite snack
- A cool glass of spring water
- A challenging mentoring question
- Answer a call to action
- Set the clock at the correct time.
- Change smoke alarms batteries twice/year.
- A billboard
- Daily prayer and Bible study!
- A singing telegram
- Watch inspiring movies.
- A weekend retreat
- An "Aha Moment"
- An honorable recognition
- A wonderful surprise
- A fresh perspective
- A glorious celebration
- A task completed on time
- The birth of a little bitty baby
- The child's first words
- The child's first steps
- An inspiring story
- A drawing
- A special facial expression
- A painting
- A favorite chair
- Other firsts in a child's life
- Put on your winter coat.
- Tie your shoes.
- Monthly training
- An extra mile of conditioning
- Change your oil.
- Replace the plug after an oil change.
- Get a haircut before you need one.
- Proper lighting

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- Words of hope
- Be a good example.
- A small spontaneous gift.
- Learn a new word every day.
- 5 extra minutes of practice each day
- Get up one hour earlier.
- 15 minutes daily dedicated to thinking
- Schedule your priorities first.
- Look both ways before...!
- Save & invest \$20 every week.
- Write daily in your journal.
- Invite your neighbor over for coffee.
- Acknowledge someone's presence.
- Help someone cross the street.
- Honesty
- Integrity
- Shampoo, soap, deodorant.
- Clean your windshield.
- Postage on a letter.
- 1 page per day
- An idea
- 1 less hour of television per day
- 25 cents in a parking meter
- Polite language
- Use your turn signal.
- Planned repetition
- Remember special occasions.
- A favorite color
- A learning event
- Read 1 book every month.
- Take notes.
- Daily exercise
- A professional portrait of yourself.
- Give someone a moment of your time.
- Keep people in the loop.
- Bake cookies for no special occasion.
- Visit someone in the hospital.
- Help someone with their groceries.
- Good grammar
- Check your tire's air pressure.
- 1 degree
- 1 pound
- A fraction of a second
- 1 point
- A puppy
- Washing your hands
- Double checking
- Clean socks & underwear